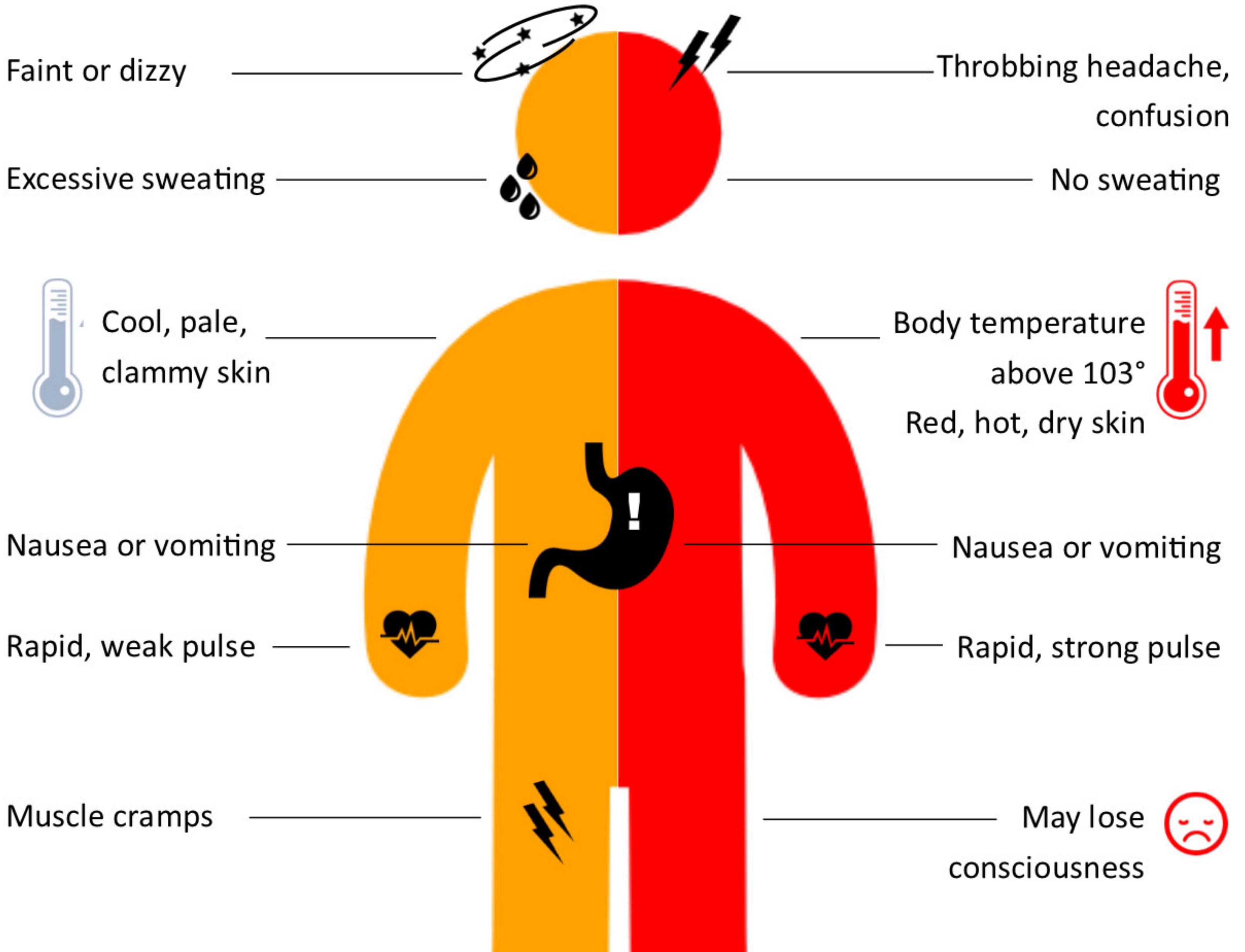


HEAT EXHAUSTION

OR

HEAT STROKE



- Get to a cooler, air conditioned place
- Drink water if fully conscious
- Take a cool shower or use cold compresses

CALL 9-1-1

- Move person to cooler place
- Cool using cool cloths or bath
- Do not give anything to drink

mjflynn